



# FL DOE Comprehensive Health Education Mandates

Mental & Emotional Health

Substance Use & Abuse

Internet Safety/ Human Trafficking

Character Education

**NOTE:**

- Substitutions are not permitted for state mandated lessons. However, you may choose to teach the recommended supplemental curriculum *in addition to* the mandated lessons.
- Under the Total Number of Mandated Lesson(s), L = Lesson.
- State Mandate column information such as N7, S, N5, etc. references the specific line item in [State Statute 1003.42](#).

GRADES TOTAL # OF LESSONS	STATE MANDATE/ TOPIC AREA	LESSON(S) FOR GRADE LEVEL	DIRECTIONS	SUPPLEMENTAL CURRICULUM	FREQUENTLY ASKED QUESTIONS
<b>K-5</b>  Each grade level varies with number of lessons	N7. Internet Safety/Child Trafficking	Lauren’s Kids: K - 6 Lessons Lauren’s Kids: 1 <sup>st</sup> - 8 Lessons Lauren’s Kids: 2 <sup>nd</sup> - 8 Lessons Lauren’s Kids: 3 <sup>rd</sup> – 6 Lessons Lauren’s Kids: 4 <sup>th</sup> – 5 Lessons Lauren’s Kids: 5 <sup>th</sup> – 5 Lessons	<ul style="list-style-type: none"> <li>• <a href="#">Assigning Lauren’s Kids Safer, Smarter Kids in Canvas</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Think B4U Post Toolkit</a></li> <li>• <a href="#">BCPS Child Trafficking Prevention Education Toolkit</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">FL DOE Comprehensive Health Education Mandates FAQ</a></li> </ul>
	N11. Substance use and abuse	L2. rethink Ed: Substance Use Disorder	<ul style="list-style-type: none"> <li>• <a href="#">Assigning rethink Ed Mental Health Assignments in Canvas</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">BCPS Substance Use and Abuse Prevention Education Toolkit</a></li> </ul>	
	S. Character Development	L3.-L10. The 8 BCPS Character Traits are lessons 3 through 10. Find them in Canvas Commons	<ul style="list-style-type: none"> <li>September - Cooperation</li> <li>October - Responsibility</li> <li>November - Citizenship</li> <li>December - Kindness</li> <li>January - Respect</li> <li>February - Honesty</li> <li>Self-Control - March</li> <li>April - Tolerance</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Character Education webpage</a></li> </ul>	

GRADES TOTAL # OF LESSONS	STATE MANDATE/ TOPIC AREA	LESSON(S) FOR GRADE LEVEL		DIRECTIONS	SUPPLEMENTAL CURRICULUM	FREQUENTLY ASKED QUESTIONS
<b>6-8</b>  Includes 17 total mandatory lessons	N5. Mental and Emotional Health	L1. rethink Ed: Trauma Series: Emotions L2. rethink Ed: Anxiety and Mental Health L3. rethink Ed: Trauma Series: Resilience L4. rethink Ed: Reducing the Risk of Suicide L5. rethink Ed: Trauma Series: Stress Management L6. rethink Ed: Support Systems		<ul style="list-style-type: none"> <li>• <a href="#">Assigning rethink Ed Mental Health Assignments in Canvas</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Social Emotional Learning (SEL) webpage</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">FL DOE Comprehensive Health Education Mandates FAQ</a></li> </ul>
	N7. Internet Safety/Child Trafficking	L7. rethink Ed: Human Trafficking		<ul style="list-style-type: none"> <li>• <a href="#">Assigning rethink Ed Mental Health Assignments in Canvas</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Think B4U Post Toolkit</a></li> <li>• <a href="#">BCPS Child Trafficking Prevention Education Toolkit</a></li> </ul>	
	N11. Substance use and abuse	L8. rethink Ed: Substance Use Disorders		<ul style="list-style-type: none"> <li>• <a href="#">Assigning rethink Ed Mental Health Assignments in Canvas</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">BCPS Substance Use and Abuse Prevention Education Toolkit</a></li> </ul>	
	S. Character Development	L9.-L16. The 8 BCPS Character Traits are lessons 9 through 16. Find them in Canvas Commons	September - Cooperation	<ul style="list-style-type: none"> <li>• <a href="#">Character Education webpage</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Character Newsletters</a></li> <li>• Suite 360: Tough Times: Talking About Race in 2020</li> <li>• Suite 360: Tough Times: What to Expect as We Go Back to School</li> </ul>	
October - Responsibility						
November - Citizenship						
December - Kindness						
January - Respect						
February - Honesty						
Self-Control - March						
April - Tolerance						

GRADES TOTAL # OF LESSONS	STATE MANDATE/ TOPIC AREA	LESSON(S) FOR GRADE LEVEL	DIRECTIONS	SUPPLEMENTAL CURRICULUM	FREQUENTLY ASKED QUESTIONS		
	2N. Dating Violence Prevention	L17. The BCPS Mandatory Annual Dating Violence Prevention Policy 5010 Trainings	<ul style="list-style-type: none"> <li>• <a href="#">Mandatory Annual Dating Violence Prevention Policy 5010 Trainings webpage</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">BCPS List of Dating Violence Prevention Curriculum Programs</a></li> </ul>			
<b>9-12</b>  Includes 18 total mandatory lessons	N5. Mental and Emotional Health	L1. rethink Ed: Trauma Series: Emotions L2. rethink Ed: Anxiety and Mental Health L3. rethink Ed: Trauma Series: Resilience L4. rethink Ed: Reducing the Risk of Suicide L5. rethink Ed: Trauma Series: Stress Management L6. rethink Ed: Support Systems	<ul style="list-style-type: none"> <li>• <a href="#">Assigning rethink Ed Mental Health Assignments in Canvas</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Social Emotional Learning (SEL) webpage</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">FL DOE Comprehensive Health Education Mandates FAQ</a></li> </ul>		
	N7. Internet Safety	L7. rethink Ed: Human Trafficking	<ul style="list-style-type: none"> <li>• <a href="#">Assigning rethink Ed Mental Health Assignments in Canvas</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Think B4U Post Toolkit</a></li> <li>• <a href="#">BCPS Child Trafficking Prevention Education Toolkit</a></li> </ul>			
	N11. Substance use and abuse	L8. rethink Ed: Substance Use Disorders	<ul style="list-style-type: none"> <li>• <a href="#">Assigning rethink Ed Mental Health Assignments in Canvas</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">BCPS Substance Use and Abuse Prevention Education Toolkit</a></li> </ul>			
	S. Character Development	L9. FL DOE Directed High School Character Lesson L10.-L17. The 8 BCPS Character Traits are <table border="1" data-bbox="764 1317 1146 1477"> <tr> <td>September - Cooperation</td> </tr> <tr> <td>October - Responsibility</td> </tr> <tr> <td>November - Citizenship</td> </tr> <tr> <td>December - Kindness</td> </tr> </table>	September - Cooperation	October - Responsibility		November - Citizenship	December - Kindness
September - Cooperation							
October - Responsibility							
November - Citizenship							
December - Kindness							

GRADES TOTAL # OF LESSONS	STATE MANDATE/ TOPIC AREA	LESSON(S) FOR GRADE LEVEL		DIRECTIONS	SUPPLEMENTAL CURRICULUM	FREQUENTLY ASKED QUESTIONS				
	2N. Dating Violence Prevention	lessons L10. through L17. Find them in Canvas Commons	<table border="1"> <tr> <td data-bbox="764 224 1144 261">January - Respect</td> </tr> <tr> <td data-bbox="764 266 1144 303">February - Honesty</td> </tr> <tr> <td data-bbox="764 308 1144 345">Self-Control - March</td> </tr> <tr> <td data-bbox="764 350 1144 388">April - Tolerance</td> </tr> </table>	January - Respect	February - Honesty	Self-Control - March	April - Tolerance		<ul style="list-style-type: none"> <li>• Suite 360: Tough Times: What to Expect as We Go Back to School</li> </ul>	
January - Respect										
February - Honesty										
Self-Control - March										
April - Tolerance										
		L18. The BCPS Mandatory Annual Dating Violence Prevention Policy 5010 Trainings		<ul style="list-style-type: none"> <li>• <a href="#">Mandatory Annual Dating Violence Prevention Policy 5010 Trainings webpage</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">BCPS List of Dating Violence Prevention Curriculum Programs</a></li> </ul>					